



KEEPING YOUR HOME SAFE

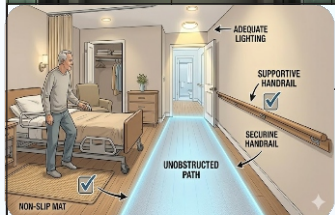
1. Around the Home



- ▶ Keep enough space around the bed so equipment and supplies can be placed safely and everyone can move around the room.
- ▶ Keep clean supplies, medicines and waste in three separate places – never together.



- ▶ Where possible, care should be given on the ground floor of the building for easy evacuation in case of emergency.
- ▶ Tell your assigned healthcare staff about steps, narrow doorways, or anything that can make it hard to move the patient or equipment.
- ▶ Staff can carry a handheld torch for visits where lighting is poor.



- ▶ Keep the path from the patient's bed to the exit clear, unobstructed, dry and non-slippery.
- ▶ Keep the route from the bed to the toilet lit at night.
- ▶ Replace failed bulbs. A small night light is one of the cheapest ways to prevent a fall.



- ▶ Keep the patient's room well ventilated.
- ▶ Never use a gas or kerosene heater without ventilation, and never run a generator inside the house, in a garage or in a closed veranda. The fumes are invisible and can be fatal.
- ▶ If a gas heater or geyser is used near the patient's room, a carbon monoxide alarm is strongly recommended.



- ▶ Secure pets before staff arrive and keep them out of the room during procedures.
- ▶ Keep children away from equipment, waste, sharps and medicines. Store all these above their reach or in a locked place.

2. Fire & Smoke Safety

	▶ Do not use multi-plug adaptors or extension boards for medical equipment. ▶ Wiring and connections for medical equipment must be secure. ▶ Stay alert for any unusual noise, smell, sparking or heat from electrical appliances and sockets, and report it immediately. ▶ Smoke detectors are strongly recommended. If already in place, please test them once a month.
	▶ Close the gas valve properly after every use especially at night.. ▶ No smoking shall be done in the patient's room – and never smoke in bed. ▶ Never use a matchstick or flame to check for a suspected gas leak. Ventilate the area and shut off the supply first. ▶ Learn how to close the medical gas valve and move the patient to safety in case of suspected leakage.
	▶ Learn the early signs of fire: a burning smell, unusual noise from appliances, smoke or flame. ▶ Never leave a microwave, iron or heater running unattended. ▶ Keep heaters away from bedding, curtains and oxygen equipment.
	▶ Store hazardous chemicals safely and in the smallest possible quantity based on need. ▶ Do not let combustible materials build up – e.g. trash, dry leaves, paper. ▶ Label any hazardous material and keep it away from heat sources.
	▶ Agree on escape route out of the patient's room and out of the house, and a safe assembly point in the vicinity of the patient's home. ▶ Where required, the patient will be moved using a mobility/evacuation sheet with attendant assistance to the assembly point. ▶ If above protocol is not adoptable due to any limitations, nearby emergency services shall be contacted, Fire (16) and Rescue (1122).

3. Electricity, Power & Water



- ▶ Wheeled equipment should be parked securely, with the wheels locked when not in use.
- ▶ Keep a UPS or other unwheeled equipment raised off the floor so a spill cannot reach it.



- ▶ Home sockets must supply 220V. eShifa equipment uses an earthed two-pin plug (Type C/F).
- ▶ If your socket is a different type, the eShifa homecare team will fit an approved single-socket converter.
- ▶ Sockets used for medical equipment must be earthed, on a circuit with a working breaker.

4. Waste, Needles & Chemicals



- ▶ Tell your nurse if any chemicals are stored in the home, and label them so they can be identified.
- ▶ Know the first aid: wash the skin, rinse the eyes, ventilate the area, and contact the nearest hospital or clinic.
- ▶ Never place needles or other sharps in household waste. Staff will dispose of them only in an approved sharps container.

5. Infectious Waste



- ▶ Infectious waste is any waste contaminated with blood, body fluids, or other potentially infectious material, such as used dressings, gloves, masks, tubing, and swabs.
- ▶ eShifa Home Care staff shall store infectious waste in designated yellow bags.
- ▶ Once secured, keep the yellow bags out of reach of children and other family members.
Do not mix infectious waste with general household waste
- ▶ For yellow bag collection, please coordinate with our home health team by calling **051-8901090** or **0333-9134390**

6. Keep Your Valuables Safe



- ▶ Patients/attendants are responsible for the safekeeping of valuables and household belongings.
- ▶ eShifa Home Care staff will not access personal storage areas, and required items should be provided by the patient/authorized attendant.

7. eShifa Home Care Staff Identification and Security



- ▶ Confirm the identity of the eShifa Home Health staff member before allowing entry.
- ▶ You may ask to see their official identification badge provided by eShifa Home Care

8. Oxygen and Medical Equipment Safety (if applicable)

NO SMOKING
OXYGEN STORED AND/OR IN USE



- ▶ Do not smoke or use candles, matches, or any open flame in a room where oxygen is used or stored.
- ▶ Leave enough space around an oxygen concentrator so it can draw in air. Never cover it or place it directly against a wall.
- ▶ If any medical equipment stops working or behaves unusually, stop using it where safe and contact the eShifa Home Health team.



051-111-111-567

www.eshifa.org